Lesson Summary:
At church, you might hear how important it is to have faith. As such, whether explicitly or implicitly, we might discourage doubt and asking questions. We might get the message that "people should just believe." This expectation is not realistic. In our day-to-day lives, we rely on our experiences to guide our decisions. We ask questions all the time in order to calm our doubts and fears. The same can be true when it comes to our faith. Not everyone receives information in the same way. So, we must be open to different ways of understanding and interacting with one another.

Objectives:
• Students will learn the importance of asking questions in order to build trust.
• Students will explore different ways of learning, communicating, and experiencing the world.

Vocabulary:
• Neurodiversity: differences in how people's brains work that can lead to different ways of learning and/or communicating.

SCRIPTURE:
John 20:24-29: Jesus appears to Thomas and the Disciples
Thomas, the one called Didymus, one of the Twelve, wasn't with the disciples when Jesus came. The other disciples told him, “We’ve seen the Lord!”

But he replied, “Unless I see the nail marks in his hands, put my finger in the wounds left by the nails, and put my hand into his side, I won't believe.”

After eight days his disciples were again in a house and Thomas was with them. Even though the doors were locked, Jesus entered and stood among them. He said, “Peace be with you.” Then he said to Thomas, “Put your finger here. Look at my hands. Put your hand into my side. No more disbelief. Believe!”

Thomas responded to Jesus, “My Lord and my God!”

Jesus replied, “Do you believe because you see me? Happy are those who don’t see and yet believe.”

A Note on Format
This guide is designed to be a starting point for conversation. Each lesson includes an opening, prayer, Scripture, exegesis, and options for discussion or engagement. We suggest you plan ahead to select the sections that will be most engaging for your community and acquire the right materials.